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## **Boost Your Staff Morale**

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Morale is an emotion of confidence to uplift ones self-esteem so as to progress and move forward. The basis of morale is every one of us wants to feel important and appreciated. Let's learn the 4 simple tips to boost your staff / colleagues morale so as to create an exciting and happy workplace.

### **1. Write a Note of Appreciation.**

Simply write a note of appreciation on a post-it note and stick it on the desk or just pass it to them. Tell them you appreciate their support. Just surprise them for a job well done. Remember to write their name and don't forget to write yours. Let them know it's from you.

### **2. Have an informal meeting.**

Too often we are too serious. Loosen up. Get out of the office! Wherever possible, hold meetings outside the office - at a nearby café or at a local restaurant. If weather permits, don't be afraid to hold meetings outside from time to time

### **3. Say "Thank you"**

It may be just 2 words – but it has the power to uplift someone's day. Show gratitude for what they have done no matter how simple the help may have been.

### **4. Smile**

Bring your smile to work. It not only brightens up someone's day, it also brings out the beauty in us. You'll be surprised at the difference it makes. When we smile and consistently have an upbeat attitude, everyone feels upbeat too. A smile truly makes two ☺

Remember, what we give out is what we get – when we boost someone's morale, someone will boost ours. You are Great! Have a fantastic time ahead.